

Notes for Pilgrims, Visitors and Groups.

This is not so much a list of do's and do not's but information to make everyone's visit to this beautiful valley a pleasurable and beneficial one.

- ❖ St Melangell's Church is open daily from 9am -6pm Easter to October and 9am - 4pm November to Easter. The Centre is open 10am - 4pm Monday to Thursday and 2pm -6pm on a Sunday.
- ❖ All group visits must be arranged prior to the visit by completing an official booking form.
- ❖ Please be aware that retreat days, quiet days and day courses take place throughout the year and access maybe limited on some days.
- ❖ There is a daily rhythm of prayer here: Daily Services Monday to Thursday Morning Prayer at 9.15am; Midday Prayer: Monday, Tuesday, Wednesday where the names in our Prayer Request book are prayed for and the names in our Memorial Book are remembered. On Thursday at Midday there is a Eucharist where healing is offered. There is also a Eucharist on Tuesdays at Midday when groups are visiting or Quiet days are held. On Sundays there is a service at 3pm followed by tea and cakes at the centre, we appreciate notice if you are coming to this service to aid with catering. The Church is also used for Weddings and Funerals.
- ❖ All group visits include an act of worship.
- ❖ The Church yard and Centre gardens are places of peace and tranquillity and visitors are asked to respect those who pray or mediate in these spaces so please approach areas quietly. Dogs must be kept on a lead at all times and are not allowed into the centre (with the exception of Assistance dogs), as it is a place where food is served and eaten.
- ❖ Coaches are not able to come up the narrow lane in safety and are requested by the Community Council not to do so. If you come by coach you are asked to leave it at the car park at Llangynog and complete your journey here on foot (approx. 2.5 miles). Alternatively you can contact Tanat Motors at Llangedwyn on 01691 780212/ 780241 who do hire minibuses.
- ❖ Car drivers are asked to drive slowly with caution on the narrow lanes, there are several passing places but there may be a need to reverse to them when meeting oncoming traffic. There are very often farm animals, game birds and wildlife on these lanes that also have to be negotiated.
- ❖ There are public footpaths in the valley, but please respect the wishes of landowners and farmers and keep to them.
- ❖ There is Disabled Access at both the church and centre and room for wheelchair users in front of the screen in the church to enable them to take part in services.
- ❖ There is a Church Shop which sells prayer cards, post cards and commemorative items as well as a sales table at the centre selling unwanted gifts, bric a brac , books etc.
- ❖ We are not on mains water here in the valley and so visitors are asked to use the public toilets in Llangynog car park before making a visit to preserve the limited water supply which can run out in dry periods.

Booking Form

Name of Group:.....

Contact Person.....

Address.....

Telephone number.....email.....

Date and time of proposed visit.....

Numbers in group.....

Any disabled members?.....Wheelchair user?.....

Groups are welcome to bring their own picnic lunches to eat at the centre, in the garden or church yard. Refreshments are available at the Centre:

Drinks 75p per head

Coffee and Biscuits £1.00 per head

Welsh tea (scones/ welsh cakes and cake) £2.00 per head

Please indicate above if the group require any of these or have any specific dietary needs.

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If you are booking a specific Quiet day from our programme the cost is £10 per day per head, please specify which day:

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If you want a planned Quiet day (10am-4pm) specific to the needs of your group please outline below and we will contact you to firm up the outline of the day.

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